

溫哥華五旬節堂 2025 年夏令靈修營研討主題

Pentecostal Tabernacle Vancouver 2025 Retreat Topic

Date: 11 August 2025 (Monday)

Speaker: Desmond Leung

Theme: Complete Submission to the Heavenly Father

Day 1 – Become Like Little Children

‘... Offer yourselves as a living sacrifice to God, dedicated to his service and pleasing to him. This is the true worship that you should offer. Do not conform yourselves to the standards of this world, but let God transform you inwardly by a complete change of your mind.’ Romans 12:1-2 (GNT)

‘...“I assure you that unless you change and **become like children**, you will never enter the Kingdom of heaven.” Matthew 18:3 (GNT)

True worship starts with becoming like a child – fully accepting God’s unfailing love, humbling before Him, completely submitting to Him, and dedicating our lives to please Him.

1. We are God’s children – understanding God’s unfailing love

Bible References: Romans 8:15-16; 9:8 (NLT)

We are God’s beloved children. This identity is not earned, but rather granted by His promise (Romans 9:8) through the power of His Spirit. We are saved by God’s grace and unfailing love – not by what we do.

Reflection:

- Are we still unsure about God’s grace and unfailing love, if so, why?
- Despite our spiritual maturity, have we gradually forgotten about our identity as God’s beloved children, and seek to be saved by our works? (Ephesians 2:8-9)

2. Learn from a child – qualities that please the Father

Jesus teaches us to be like children again and possess the qualities that please the Heavenly Father – humble, trusting, genuine, obedient, and strive for approval from Him.

2.1 A child’s humility

Bible Reference: Matthew 18:4 (GNT)

A child:

- is willing to admit his/her mistakes and weaknesses
- does not assume he/she knows everything and is eager to learn

Reflection:

- Are we willing to give up habits / character traits, etc., that are not pleasing to God? What are the obstacles?
- Is our spiritual experience / knowledge making us complacent or even arrogant, and getting in the way of our growth?

2.2 A child's trust and reliance

Bible References: Luke 11:11-13 (NLT), Psalm 62:8 (NLT)

A child:

- is completely reliant on his / her parents' provisions
- trusts his / her parents and confides in them

Reflection:

- Do we believe God can be trusted fully and that we can totally rely on Him and pour out our hearts to Him?
- As we are getting more mature spiritually, are we leaning back on our own abilities /experiences / understanding?

2.3 A child's genuineness

Bible Reference: John 4:23 (NLT)

A child:

- is direct and pure in heart
- is genuine and will not lie to himself / herself

Reflection:

- Are we over-complicating our faith by rationalizing it with worldly values and standards?
- Are we gradually worshipping God by honouring God with our lips only and by following man-made rules (Isaiah 29:13), and even deceiving ourselves that we are pleasing God?

2.4 A child's obedience and longing for approval

"So, in this life, I desire nothing more, His approval matters more than all" (lyrics from the Chinese worship song, "Unreserved Love").

A child:

- is obedient
- longs for his / her parents' praise and approval

Reflection:

- Are we willing to dedicate our lives to follow Jesus and to serve Him, doing things that are pleasing to God?
- Are we gradually becoming people-pleasing Christians, seeking praise and approval from others instead of from God?

Actions

1. **Cultivate a genuine and spontaneous relationship with the Heavenly Father by "pouring out our hearts" to Him** – share with Him our weaknesses (doubts, sadness, worries, fears, mistakes, failures, etc.) and our joys and triumphs – anytime, anywhere.
2. **Reflect deeply and critically on our current ways of worshipping God** – are we really worshipping in a way that pleases Him? Or are we simply following man-made rules and traditions, seeking the praise or approval from others? If the latter, work with God that He may transform us inwardly by a complete change of mind.
3. **Dedicate ourselves to pleasing God** – resolve to lead a life that is pleasing to God by obeying His commands unreservedly and serving Him willingly.

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Pentecostal Tabernacle Vancouver 2025 Retreat Topic

Date: 12 August 2025 (Tuesday)

Speaker: Donna Leung / Edmund San

Theme: Walking with Weaknesses and Gifts — Maturing in God's Purpose

Day 2 – Spiritual Growth in the Lord

Scripture References:

2 Corinthians 12:9 – "My grace is sufficient for you, for my power is made perfect in weakness."

Ephesians 2:10 – "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."

Message:

- **True worship** is not only expressed through songs or rituals, but through a life that surrenders both weakness and gifting to God—growing in spiritual maturity as we live out His purpose.
- **The starting point of spiritual growth** often comes when we feel weak. As we surrender to God and trust in His goodness, He opens the way to new learning and growth—revealing His inner teaching and the gifts He has placed within us.
- **God's love:** We are deeply loved by our Heavenly Father—this is the foundation of our growth.
- **The work of the Holy Spirit:** He transforms our thinking, reshapes our identity, and allows us to experience both struggles and victories as we fulfill His calling in our lives.

1. Transformation Begins with a Renewed Mind

Scripture References:

Romans 12:2; Ephesians 4:23; Philippians 4:8; Colossians 3:9–10

Romans 12:2 – "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is — His good, pleasing and perfect will."

- Our thoughts shape our attitudes and behaviours.
- The Holy Spirit renews our minds so that we can live out God's will and draw closer to His truth.

Reflective Questions:

- What mindset or attitude is God inviting you to surrender, relearn, or adjust today?
- How is God reshaping your thinking to align more closely with His truth?

2. God Uses Our Weaknesses and Gifts as Opportunities for Growth

Scripture References:

Romans 12:6–8; 1 Peter 4:10; 1 Corinthians 12:4–7; James 1:2–4

- Growth happens when we entrust our weaknesses and gifts to God in prayer and trust.
- Every believer has unique gifts and is called to serve others with humility, building up the body of Christ.

Reflective Questions:

- What gifts or abilities has God given you? How might He want to use them in this season?
- How can you become more intentional in using your spiritual gifts to serve others?
- How have past weaknesses or trials shaped your dependence on God and your heart to serve with humility?
- When you face uncertainty or hardship, do you still choose to believe in God's purpose for your life and continue to serve Him faithfully?

3. Growth Requires Action

Scripture References:

Romans 12:9–21; James 1:22; Luke 6:46–48

- Spiritual maturity is not just about knowledge, but about practicing faith and obedience.
- A transformed life shows traits such as sincere love, patience, generosity, and forgiveness.

Reflective Questions:

- What specific command or attitude is the Holy Spirit prompting you to pay attention to? (e.g., sincere love, blessing those who hurt you, associating with the lowly, overcoming evil with good, etc.)
- What practical steps can you take to live out the teachings of Romans 12:9–21? How can others pray for or support you in this journey?
- Share a personal testimony of how God helped you grow as you obeyed these principles. How did your faith lead to transformation?

Conclusion

Scripture References:

2 Corinthians 12:9–10 – "...For when I am weak, then I am strong."

John 13:35 – "By this everyone will know that you are my disciples, if you love one another."

1. **Grow Through the Storm — Let God Reshape Your Mind:**

Approach difficulties, challenges, loss, and pain with an open mind. Each experience is an opportunity for growth and spiritual training. Invite God to lead you. Let go of old thought patterns and mindsets, and allow Him to renew and transform your mind.

2. **Discover Your Unique Beauty — Live Out the Gifts God Has Given You:**

Each of us is God's masterpiece. Receive His gifts with faith, and seek His guidance in how to use them faithfully in every season, growing continually in the Lord.

3. **From Knowing to Doing — Live a Life of Mission:**

God created us for a purpose — to share His love, bless others, and shine for Him through our lives. What step can you take today to live as a true follower of Christ, not just someone who knows about the faith, but someone who lives it out?

溫哥華五旬節堂 2025 年夏令靈修營研討主題

Pentecostal Tabernacle Vancouver 2025 Retreat Topic

Date: 13 August 2025 (Wednesday)

Speaker: Esther Fong / Ainslee Wong

Theme: Built on Solid Foundation – Becoming Children Who Please God

Day 3 – “Since we live by the Spirit, let us keep in step with the Spirit.” (Galatians 5:25)

- A real and living faith comes from being led by the Holy Spirit, obeying God’s Word, and standing firm in Jesus as our foundation.
- God doesn’t care about our actions only — He cares whether we respond to His love and follow His will.
- If we want to be God-pleasing sons and daughters, we need to walk with Him daily and live out a genuine faith.

1. Knowing God’s Love — Start by Feeling His Heart

Scriptures: Romans 5:8; Luke 15:7; Mark 3:5; Ezekiel 6:9; Hebrews 4:15–16

- A close relationship with our Heavenly Father begins by feeling His heart, not just knowing He loves us in theory.
- God’s emotions are real: He rejoices when we repent, grieves when we wander, gets angry when we are stubborn, and shows mercy when we are weak.

Reflective Questions:

1. What do you usually pray about? Do you mainly ask God to solve your problems or grant you your wishes?
2. Do you think about how your choices affect God’s feelings? Do you ask Him what He wants?
3. Are you willing to change thing(s) that make(s) God sad?

2. Building on God’s Word — Let Truth Be Your Foundation

Scripture: Matthew 7:24–27

- Real wisdom is not just hearing the Word — it’s living it.
- Challenges will come, but if your life is built on God’s truth, you won’t be shaken.

Reflective Questions:

1. Do you practice God’s Word daily to deepen your spiritual foundation?
2. Are you willing to let go of things that shake your faith?
3. Will you let God rebuild areas where you are weak in?

3. Facing Trials and Judgment — Tested by Fire

Scriptures: 1 Corinthians 3:11–15; Matthew 7:21–2; Luke 18:9–14; Ecclesiastes 11:9

“Not everyone who says to Me, ‘Lord, Lord,’ will enter the kingdom of heaven, but only those who do the will of My Father.”

Even those who preach or do miracles in Jesus’ name might hear Him say, *“I never knew you.”*

- God looks at the heart that repents and obeys—not just with outward actions or busy church life.
- Every choice adds up to your spiritual life, and one day, it’ll be tested.
- Reference: Saul went from persecuting Christians to being transformed into Paul, who partnered with the Spirit.

Reflective Questions:

1. Do you think that going to church or participating in ministry automatically means you are growing spiritually?
2. Have you served out of your own enthusiasm and experience, without seeking the Spirit's guidance? How has God led you back?

4. Living a Life That Pleases God — Walking with Him Daily

Scripture: Galatians 5:22–25

- Faith is not just a one-time "salvation moment." It's a daily journey with Jesus.
- A life that truly pleases God is lived through the Spirit and bears the fruit of the Spirit in everyday life.
- The Holy Spirit shapes and leads us, making us more and more like God's children.

Reflective Questions:

1. Do you ask God to guide your day when you wake up?
2. Are you sensitive to the Spirit's nudges — even in small matters?
3. When was the last time you obeyed the Spirit and saw it change your path?

Final Thoughts

“What does the Lord require of you? To act justly, to love mercy, and to walk humbly with your God.” (Micah 6:8)

- True worship isn't about looking spiritually sound or attending events—it's about living a life that walks with God in every moment and every choice.
- It is about listening to His voice, following His lead, and being shaped by His love.
- That is the kind of life God delights in. It is not just about what we do—it's about who we are and how we love and obey in every decision.

溫哥華五旬節堂 2025 年夏令靈修營研討主題

Pentecostal Tabernacle Vancouver 2025 Retreat Topic

日期： 2025 年 8 月 11 日 (星期一)

講員： 梁浩翹

主題： 完全順服天父

第一天 — 像小孩子一樣

‘...把自己當作活的祭物獻給上帝，專心事奉祂，蒙祂喜悅。這就是你們應該獻上的真實敬拜。不要被這世界同化，要讓上帝改造你們，更新你們的心思意念...’羅馬書 12:1-2 (現代中文譯本 2019)

‘... “我實在告訴你們，除非你們回轉，變成像小孩子一樣，你們絕不能成為天國的子民。”’
馬太福音 18:3 (現代中文譯本 2019)

真實的敬拜始於變成像小孩子一樣——完全接受神不變的愛，謙卑在祂面前，完全順服祂，奉獻我們的生命來取悅祂。

1. 我們是神的兒女——明瞭神不變的愛

參考經文：羅馬書 8:15-16；9:8 (現代中文譯本 2019)

我們是神所愛的兒女。這身份不是通過努力得來的，而是透過祂的應許 (羅馬書 9:8) 以及祂的靈的能力施賜的。我們是靠神的恩典和不變的愛得救的——而不是靠我們的行為。

反思：

- 我們是否仍對神的恩典和不變的愛感到不確定？如果是，為什麼？
- 儘管我們在靈性上成熟，我們是否逐漸忘記了作為神所愛的小孩子的身份，而試圖通過自己的行為得救？(以弗所書 2:8-9)

2. 向小孩子學習——取悅父親的品質

耶穌教導我們要像小孩子一樣，具備取悅天父的品質——謙卑、信靠、真誠、順服，並竭力獲得祂的認可。

2.1 小孩子的謙卑

參考經文：馬太福音 18:4

小孩子：

- 願意承認自己的錯誤和弱點
- 不認為自己什麼都知道，渴望學習

反思：

- 我們願意放棄那些神不喜悅的習慣/性格嗎？障礙是什麼？
- 我們的靈性經驗/知識是否讓我們自滿甚至傲慢，阻礙了我們的成長？

2.2 小孩子的信靠和依賴

參考經文：路加福音 11:11-13; 詩篇 62:8

小孩子：

- 完全依賴父母的供給
- 信任父母並向他們傾訴

反思：

- 我們是否相信我們可以完全信靠、依賴神，並可向祂傾訴心聲？
- 隨著靈性逐漸成熟，我們是否開始依賴自己的能力/經驗/理解？

2.3 小孩子的真誠

參考經文：約翰福音 4:23

小孩子：

- 直接且純真
- 真誠，不會自欺

反思：

- 我們是否在因世界的價值觀和標準使我們的信仰變得複雜？
- 我們是否逐漸只用嘴唇來敬拜神，遵循人造的規則(以賽亞書 29:13)，甚至自欺說我們在取悅神？

2.4 小孩子的順服和渴望父母的認可

“我已決定今生再沒所求，唯獨得主稱讚已足夠。”（《愛是不保留》的歌詞）

小孩子：

- 順服
- 渴望父母的讚賞和認可

反思：

- 我們是否願意奉獻生命，跟隨耶穌，做那些討神喜悅的事？
- 我們是否逐漸成為討好他人的基督徒，尋求他人而不是神的讚賞和認可？

行動

1. 通過“傾心吐意”與天父培養真誠和自發的關係——隨時隨地與祂傾訴我們的弱點（懷疑、悲傷、擔憂、恐懼、錯誤、失敗等）及我們的喜悅和得勝。
2. 深入且批判地反思我們目前的敬拜方式——我們的敬拜真正取悅祂嗎？還是僅僅在遵循人造的規則和傳統，尋求他人的讚賞或認可？如果是後者，讓我們與神合作，讓祂通過內心的完全改變來更新我們。
3. 奉獻自己來取悅神——決心過一種討神喜悅的生活，毫無保留地遵守祂的命令，自願地服侍祂。

溫哥華五旬節堂 2025 年夏令靈修營研討主題

Pentecostal Tabernacle Vancouver 2025 Retreat Topic

日期： 2025 年 8 月 12 日 (星期二)
講員： 梁陳葆恩 / 辛立鵬
主題： 軟弱與恩賜同行，在使命中邁向成熟

第二天 — 在主裡的靈性成長

參考經文：

哥林多後書 12:9：「我的恩典夠你用的，因為我的能力是在人的軟弱上顯得完全。」
以弗所書 2:10：「我們原是他的工作，在基督耶穌裡造成的，為要叫我們行善，就是神所預備叫我們行的。」

信息

- 真實的敬拜不僅體現在詩歌或儀式中，更是在我們將軟弱與恩賜全然獻給神的生命裡——在實踐祂旨意的過程中靈命逐漸成熟。
- 靈性成長的起點：往往在我們感到軟弱的時候，透過向神降服、信靠祂的良善，神會開啟新的學習與成長之路——使我們發現祂在內心深處的教導與所賜的恩賜。
- 神的愛：我們是天父深愛的兒女，這是我們成長的根基。
- 聖靈的工作：祂改變我們的思維，重塑我們的身份，使我們在掙扎與得勝中經歷祂，完成祂在我們生命中的呼召。

1. 轉化始於心思的更新

參考經文：

羅馬書 12:2；以弗所書 4:23；腓立比書 4:8；歌羅西書 3:9-10

羅馬書 12:2：「不要效法這個世界，只要心意更新而變化，叫你們察驗何為神善良、純全、可喜悅的旨意。」

- 我們的思維會影響我們的態度與行為。
- 聖靈更新我們的心思，使我們能活出神的旨意，貼近祂的真理與心意。

反思問題：

- 今天你感受到神邀請你放下、重新學習，或調整哪些心態或態度？
- 神如何正在重塑你的思維，使你更靠近祂的真理？

2. 神使用弱點與恩賜，造就成長的契機

參考經文：

羅馬書 12:6-8；彼得前書 4:10；哥林多前書 12:4-7；雅各書 1:2-4

- 當我們將軟弱與恩賜交託給神時，祂使之成為成長的契機。
- 每一位信徒都擁有獨特的恩賜，應以謙卑的心來使用這些恩賜，彼此服事，建立基督的身體。

反思問題：

- 神賜給你哪些恩賜或能力？在這一季節中，祂希望你如何使用它們？
- 你如何更有意識地運用你的屬靈恩賜來服事他人？
- 過去的軟弱或試煉如何塑造你依靠神、謙卑服事祂的心志？
- 當遇到不明白或困難的事時，你是否仍選擇相信神對你生命的計劃，並持續為祂作工？

3. 成長需要行動

參考經文：

羅馬書 12:9-21；雅各書 1:22；路加福音 6:46-48

- 靈性的成熟不僅來自知識的積累，更來自信心與順服的實踐。
- 被神轉化的生命會展現出真誠的愛、耐心、慷慨、寬恕等特質。

反思問題：

- 聖靈正在感動你關注哪一項具體的命令或態度？（例如：在愛中真誠、祝福傷害你的人、與卑微的人來往、以善勝惡等）
- 你可以採取哪些實際行動來實踐羅馬書 12:9-21 的教導？其他人如何能在禱告與行動上支持你？
- 分享一個你遵行這些原則的見證，說明神如何幫助你成長，這份信心又如何帶來生命的改變？

結語

參考經文：

哥林多後書 12:9-10：「……因我甚麼時候軟弱，甚麼時候就剛強了。」

約翰福音 13:35：「你們若有彼此相愛的心，眾人因此就認出你們是我的門徒了。」

1. 在風雨中成長—讓神重塑你的心：

帶著開放的心面對困難、挑戰、失落與傷痛，因為每一次經歷都是成長與操練的機會。邀請神來引導你，放下固有的心態與模式，讓祂更新並改變我們的心思意念。

2. 發現你獨特的美—活出神賜的恩賜：

我們每一位都是神精心的創造，要以信心領受祂的恩賜，並尋求祂的心意，在不同的季節中忠心使用，持續在主裡成長。

3. 從知道到做到—活出使命的人生：

神創造我們有祂的目的—祂要透過我們的生命，分享祂的愛，祝福他人，為主發光。今天，你可以踏出那一步，活出真正的基督徒生命，不只是知道信仰，更是真實地活出它？

溫哥華五旬節堂 2025 年夏令靈修營研討主題

Pentecostal Tabernacle Vancouver 2025 Retreat Topic

日期： 2025 年 8 月 13 日 (星期三)
講員： 方富宜 / 黃陳慧晶
主題： 建立在穩固根基上——成為討神喜悅的兒女

第三天 — 「若靠聖靈得生，就當靠聖靈行事」（加拉太書 5:25）

- 真正得救的信仰在於聖靈引導、順服神的話語、建立在基督根基上
- 神看重的不只是行為，並且是我們是否回應祂的愛與心意
- 成為討神喜悅的兒女，就要每日操練與主同行、活出信仰的真實

1. 認識主的愛 — 從感受主的情感開始建立關係

經文：羅馬書 5:8；路加福音 15:7；馬可福音 3:5；以西結書 6:9；希伯來書 4:15-16

- 與天父的親密關係，始於感受祂的心，不只是「知道」祂愛你。
- 認識天父真實的情感：我們悔改時祂歡喜；遠離時祂憂傷；頑梗時祂發怒；軟弱時祂憐憫。

反思問題：

1. 你日常禱告的內容主要是圍繞甚麼？只把神當作許願和解決問題的對象？
2. 你是否在日常選擇中關顧天父的感受？尋求祂的心意？
3. 你是否誠實面對那些讓主憂傷的行為並願意改變？

2. 回應主的心意，讓主的話成為根基

經文：馬太福音 7:24-27

- 真智慧是聽道並遵行，讓神話語成為生命根基。
- 無論風暴或試煉，唯有立基於神話語，才能屹立不搖。

反思問題：

1. 你是否每天操練神的話語，使生命有根有基？
2. 你是否願意清除使信仰動搖的因素？
3. 你是否願意讓神重新建造你軟弱之處？

3. 面對試煉與審判 — 建造將被火試驗

經文：哥林多前書 3:11-15；馬太福音 7:21-23；路加福音 18:9-14；傳道書 11:9

「不是每一個對我說『主啊主啊』的人都能進天國，惟獨遵行我天父旨意的人才能進去。」有人說：「我奉你名傳道、趕鬼、行異能」——主卻說：「我從來不認識你們。」

- 神看重內心悔改與順服，不是表面敬虔或熱心服事
- 每個選擇都是在累積和建造生命；終將經火的試煉與審判
- 例子：掃羅由迫害基督徒轉化為與聖靈同工的保羅

反思問題：

1. 參加教會崇拜和服事神是信徒應盡的本份，但你曾否覺得自己行為上有去教會和服事神，就等於與神關係好、靈命有長進？
2. 你是否曾憑熱心與經驗服事，以為是跟隨神，卻忽略安靜尋求聖靈指引？主如何引你回轉？

4. 活出討主喜悅的生命 — 真實地行出信仰，每日靠聖靈與主同行

經文：加拉太書 5:22-25

- 信仰不只是一次性的「得救」經歷，更是每天與主同行的生命旅程。
- 真正討主喜悅的生命，是靠聖靈而活、在生活各方面展現出聖靈的果子
- 這樣的生命，不斷被聖靈引導與塑造，真正活出神兒女的樣式。

反思問題：

1. 你每天醒來後會先尋求神的引導嗎？
2. 你是否一直對聖靈的提醒保持敏銳，即使在小事上？
3. 最近一次順從聖靈的經歷如何改變了你的方向？

結語：

耶和華向你所要的是甚麼呢？只要你行公義，好憐憫，存謙卑的心與你的上帝同行。（米迦書 6:8）

真實的敬拜是在每一個時刻和選擇上活出與神同行的生命，不是在於塑造屬靈的形象，或參與教會活動的次數。

真實的敬拜是我們每日在神面前順服祂的話語的引導與愛。

這樣的生命，就是神所悅納的敬拜。神兒女一生的方向，不只是我們的服事或表現，而是我們的心與生命——在每個選擇中追求祂的公義，以祂的愛憐憫待人，以謙卑的態度順服祂的引導。